CANDLE: A Phase 3, Multicenter, Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Efficacy of Once Monthly Oral Ibrexafungerp for Prevention of Recurrent Vulvovaginal Candidiasis (VVC)

Shelagh Larson, DNP, APRN, WHNP-bc, NCMP

BACKGROUND

- Apprximately 75% of all women are affected by *at least* one episode of vulvovaginal candidiasis (VVC) during their lifetime
- 10 million office visits per year for vaginal symptoms
- Recurrent candidiasis is a significant clinical problem
- Recurrent is defined by CDC (2021 guideline update) as ≥3 cases per 12 successive months
- Approximate 5-8% globally suffer from recurrent VVC
- Azoles are indicated for VVC, and fluconazole is standard therapy
- Resistance is a problem
- Lack of efficacy against non-*albicans Candida*
- Ibrexafungerp is an oral triterpenoid antifungal that was approved in 2021 for the treatment of acute VVC.
- Ibrexafungerp offers several positive treatment attributes:
- Broad-spectrum coverage against *Candida* spp., including non-albicans Candida
- Over 2,000 patients have been exposed with no safety signals (contraindicated in pregnancy based on preclinical data)
- Oral formulation in a single-day treatment
- Activity against fluconazole-resistant strains, potency not affected by vaginal pH (~4.5)
- High vaginal tissue penetration (9X plasma levels in animal models)
- To provide evidence of the efficacy of ibrexafungerp in prevention of recurrent VVC, the CANDLE Study was undertaken.

CANDLE DESIGN

Acute VVC Phase: treating active infection in a recurrent VVC subject Subjects with diagnosis of symptomatic VVC at baseline

- Receives 3 doses of fluconazole (Days 1, 3, 7)
- Clears VVC infections move to maintenance phase [If no clearance, subjects have option of entering into sub-study with a one-day dose of ibrexafungerp (304S)]

MAINTENANCE VVC Phase: prevention of RVVC during 6 months of treatment Subjects that have resolved their symptomatic VVC episode

• Receives monthly ibrexafungerp for 6 doses or placebo

Suspe Recuri

• Mycologically Proven Recurrence: An episode of VVC with a total composite score ≥ 3 on the VSS Scale and a culture positive for *Candida* **spp.** that required antifungal treatment.

CANDLE STUDY DESIGN



RECURRENCE DEFINITIONS

	Requiring Antifungal	VSS >3	Culture Positive	KOH microscopy
ogically Proven rence	Х	X	X	Positive or negative
med rence	Х	Х		X
cted rence	Х			

• **Presumed Recurrence:** An episode of VVC with a **total composite score** ≥ **3** on the VSS Scale that required antifungal treatment and for which there is a positive KOH microscopy but no positive fungal culture.

• **Suspected Recurrence**: An episode of VVC that **required treatment with** an antifungal agent (including self-administration with over-the-counter antifungals) regardless of VSS composite score but for which there is no mycological evidence of disease, such as a positive KOH microscopy or fungal culture.

ITT population

Age, Median (M

Race % White | % Afri American

Body Mass Index Median (Min, Ma Percent BMI

Candida species (screening cultur Candida albicans Candida glabrata

Composite Vulvo Signs and Sympt Score at Screeni Median (Min, Ma

BASELINE CHARACTERISTICS

	lbrexafungerp (N= 130)	Placebo (N= 130)
in, Max)	33 (18 <i>,</i> 65)	33 (18 <i>,</i> 61)
can	92% 7%	88% 9%
x (kg/m²) ax) >= 30	23.7 (18, 48) 20.7%	23 (17, 49) 12.3%
r e), % 5 7	93.8% 4.7%	93.8% 3.8%
ovaginal oms ng, ax)	10 (4, 17)	10 (4, 17)

Table 1. Efficacy Endpoints Endpoint ITT population

Clinical Success (no recurrence: mycologically proven, presumed, suspected VVC) at TOC (Week 24) (primary)

No Mycologically Proven Recurre at TOC (week 24) (key secondary)

Clinical Success at Follow Up (Week 36)

No Mycologically Proven Recurre at Follow Up (Week 36)

<u>Fable 2. Number of</u> Recurrences	lbrexafungerp (n=130)	Placebo (n=130)
At Te	est of Cure (Week 24)	
0 episodes	85 (65.4%)	69 (53.1%)
1 episode	27 (20.8%)	27 (20.8%)
2-3 episodes	15 (11.5%)	25 (19.2%)
≥4 episodes	3 (2.3%)	9 (6.9%)
At F	ollow-Up (Week 36)	
0 episodes	75 (57.7%)	60 (46.2%)
1 episode	36 (27.7%)	33 (25.4%)
2-3 episodes	12 (9.2%)	23 (17.7%)
≥4 episodes	7 (5.4%)	14 (10.8%)
<u>Table 3. Adverse Events</u> n=patients (%)	Ibrexafungerp N=130	Placebo N=130
Abdominal pain ¹	13 (10.0)	9 (6.9)
Diarrhea	10 (7.7)	5 (3.8)

Table 3. Adverse Events n=patients (%)	Ibrexafung N=130
Abdominal pain ¹	13 (10.0
Diarrhea	10 (7.7)
Headache ²	8 (6.2)
Nausea	7 (5.4)
Urinary tract infection	5 (3.8)
Fatigue	4 (3.1)

Ibrexafungerp demonstrated efficacy and was well-tolerated for the prevention of recurrent vulvovaginal candidiasis in this population of women aged 18 to 65 years.



RESULTS

	Ibrexafungerp (N= 130) n (%)	Placebo (N= 130) n (%)	Relative Risk (95 % CI) P value
r	85 (65.4)	69 (53.1)	1.24 (1.034 <i>,</i> 1.486) P=0.020
nce	92 (70.8)	76 (58.5)	1.22 (1.032, 1.430) P=0.019
	75 (57.7)	60 (46.2)	1.26 (1.017, 1.555) P=0.034
nce	85 (65.4)	70 (53.8)	1.22 (1.021, 1.456) P=0.029

Table 3. Adverse event profile is consistent with previous studies of ibrexafungerp in treatment of acute VVC.

CONCLUSIONS

1 (0.8)

5 (3.8)

1(0.8)

Poster I-133